

## 2019 Grassfield High School Youth Soccer Camp

The purpose of this camp is to develop each athlete's skills and knowledge of the game. Focus will be placed on individual skills work and an exploration of tactical elements such as off the ball movement and offensive and defensive decision making. Scrimmages will be a regular part of each session.

**Cost: \$80.00**

- **All campers who are paid for prior to the start of camp will receive a GHS Soccer Camp T-Shirt. See size request on next column.**

Location: Grassfield High School, participants should be dropped off and picked up at the parking lot near the tennis courts.

Times: 9:00am – 12:00pm  
 Dates: June 17-20  
 Ages: 4<sup>th</sup> grade – Rising 8<sup>th</sup> grade

Equipment needed: Water bottle/snack, shin guards, cleats. **\*IN CASE OF INCLEMENT WEATHER THERE WILL BE A MAKEUP DAY ON JUNE 21.**

Camp Staff:

Kevin Ellis (Varsity Girls Head Coach)  
 USSF D License  
 NSCAA National License  
 21 Years Varsity Head Coach  
 17 Years Coaching Travel  
 Zach Kalder (Varsity Boys Head Coach)  
 6 Years; USSF D License  
 Colin Jones (Assistant Boys Varsity Coach)  
 USSF E License  
 15 Years Assistant Head Coach

[Kevin.Ellis@cpschools.com](mailto:Kevin.Ellis@cpschools.com)  
[Zachary.kalder@cpschools.com](mailto:Zachary.kalder@cpschools.com)  
[Colin.Jones@cpschools.com](mailto:Colin.Jones@cpschools.com)

Make Checks Payable to: Grassfield High School  
 (memo: Soccer Camp)  
 Forms and Payment in hand by June 17, 2019:

### 2007 Grizzly Trail, 23322

Attn: Kevin Ellis  
 Camp Itinerary: Coaches will arrive 30 minutes prior to each session for setup.

<b>Monday</b>	
9:00 – 9:30	Warm-up activities
9:30 – 10:15	Dribbling
10:15 – 10:30	Break
10:30 – 11:15	Passing/Receiving
11:15 – 12:00	Small sided games
<b>Tuesday</b>	
9:00 – 9:30	Warm-up activities
9:30 – 10:15	Shooting Drills
10:15 – 10:30	Break
10:30 – 11:15	Shooting Drills
11:15 – 12:00	Small sided games
<b>Wednesday</b>	
9:00 – 9:30	Warm-up activities
9:30 – 10:15	1v1, 2v1 Drills
10:15 – 10:30	Break
10:30 – 11:15	3v2, 4v2 Drills
11:15 – 12:00	Small sided games
<b>Thursday</b>	
9:00 – 9:30	Warm-up activities
9:30 – 10:15	Individual tactics
10:15 – 10:30	Break
10:30 – 11:15	Team tactics
11:15 – 12:00	Small sided games

T-shirt Size(Adult) \_\_\_\_\_

(AS - AXL)

#### PLAYER/PARENT INFORMATION

Participant Name: \_\_\_\_\_

Participant Age: \_\_\_\_\_

Parent Contact Information:

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Information:

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

#### PARENTAL AND MEDICAL FORM

I hereby certify that my child

\_\_\_\_\_ is covered by a personal insurance policy or is included in a policy which I have in force. Further, I hereby authorize routine medical dispensary care for the above-named student; and I authorize treatment not considered routine to be referred to local physicians and medical facilities at my expense. I also, expressly waive any and all claims and causes against the school and its representatives and hereby waive all liability and responsibility for any injury that may occur to above-named student.

Parent Signature \_\_\_\_\_

Insurance Company \_\_\_\_\_

Policy # \_\_\_\_\_

Date \_\_\_\_\_