The Grizzly Soccer Vowels
Attitude-Effort-Impact -Ownership-Unity

Grassfield Men's Soccer Program

Head Coach: Bradley Killenbeck

JV Head Coach: Taekwon Hodges

Assistants: Rudy Leichnam, Bryan Mackey, Frank Luster, Edwin Rodriquez

(On boarding Tyran Smith and Alexander Woldermariam)

MaxPreps: https://www.maxpreps.com/va/chesapeake/grassfield-grizzlies/soccer/spring/

website: https://grizzly-soccer.com/grizzlies/

social media: Instagram and Twitter @BSOCGrassfield

Grizzly Soccer: Out Hustle-Out Work-Out Think-Out Play-Outlast

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Welcome, we put this information together to introduce the program, provide you insight into our process to include Coaching Staff, Timeline, Insight (what we are looking for), Historical Information, Player Selections, Expectations, and Format.

Bradley Killenbeck (varsity):
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bjkillenbeck@gmail.com

Taekwon Hodges (junior varsity):
taekwonhodges23@gmail.com

Assistants: Rudy Leichnam, Bryan Mackey, Frank Luster, Edwin Rodriquez (Pending Tyran Smith and Alex Woldermariam)

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- **February 22-26, 2027 (Tryouts)**
  - **Must have VHSL Physical completed and on file! No exceptions!**
  - **Arbitor Process physicals are uploaded!**
  - 4:15 pm – 6:00 pm for 9th – 12th
  - All sessions will be at the practice fields
  - We will head indoors to the gymnasium in the case of inclement weather
  - Please dress for the elements, having a white or grey option as the top layer
  - Bring running shoes, indoor soccer shoes, cleats, shin guards, and water to each session
- **Anticipate Selections by February 24th and 25th**
  - Varsity post session February 24th or 25th
  - JV post session February 25th or 26th selections will begin with 9th graders, then 10th
  - All players will meet with coaching staff (individually)
- **Group Me App Info: to be used until Varsity & JV team selections once selections are complete then Game Changer app will be used for the season**

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Player Characteristics (Tangibles)

Technical-the ability to perform techniques consistently at game speed

Tactical-the ability to weigh game situations and decide on who, what, when, where, how and why (decision making)

Physical-speed, power, agility, reaction time, endurance sustained for 90 minutes plus

Mental-choosing and maintaining a positive attitude, dealing effectively with teammates, controlling emotions, building confidence, resilient and focused especially after a poor moment!

Insight-"game intelligence" IQ, pre-action, actions and post actions, are you proactive, constantly learning, solutions based, "coachable"

- **Specific Abilities by Positional Roles**
  - 1(GK): Great Communicator has a presence, the ability to play with feet, distribute out of the back with all techniques (throw, roll, punt, side volley, pass), "controls space in front of him"
  - 4 and 5 (CBs): confident in possession / organizes / excellent 1v1 and 1v2 defending, dominant 50/50 challenges
  - 2 and 3(OBs): can maintain possession and distribute ball, ability to drive ball, excellent 1v1 and 1v2 defending, ability to join attack (bring numbers forward)
  - 6 and 8 (Central Mids): connectors, can play 360, extremely composed under pressure, can hold the ball, change the point of attack, strong 50/50 challenges, disciplined, "constantly connected between back line and the front line"
  - 7 and 11 (Wingers): beat opponents at pace, deliver crosses with variety of pace, stretch and expand opponents, have ability to create scoring chances, understand defending roles
  - 10 (Attacking Mid): intelligent, creative, by passing or on the dribble, or off the ball movement, can control the tempo of the match
  - 9 (Center Forward): operate in limited time and space, finds gaps and seams to exploit (disorganize CBs), can hold ball as target (confident playing with back to goal) or receive ball into space to expand opponent, can finish meaning put the ball in the net!

Our style of play (Game Model): We will recognize when to **High Press** (immediately put our opponents under pressure), this includes counter pressing high, we employ different defensive blocks. We will strive to be **Possession based** in attack and recognize when we can **counter** quickly to score. All Grassfield Players **ATTACK** and **ALL DEFEND Together; this is a mindset! Our style is fluid, and we want to control the tempo, rhythm and pace of the match.**

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Anticipated Format for Tryouts: (Roster sizes of 22-26 players for Varsity / JV)

Day 1: Technical Warm-Up, Small Sided Games (4v4 – 9v9), end 11v11 (Players will be sorted by functional/positions)

Day 2: Technical Warm-Up, Functional Training (by Area) in Small Sided Games and Rondos, end 11v11

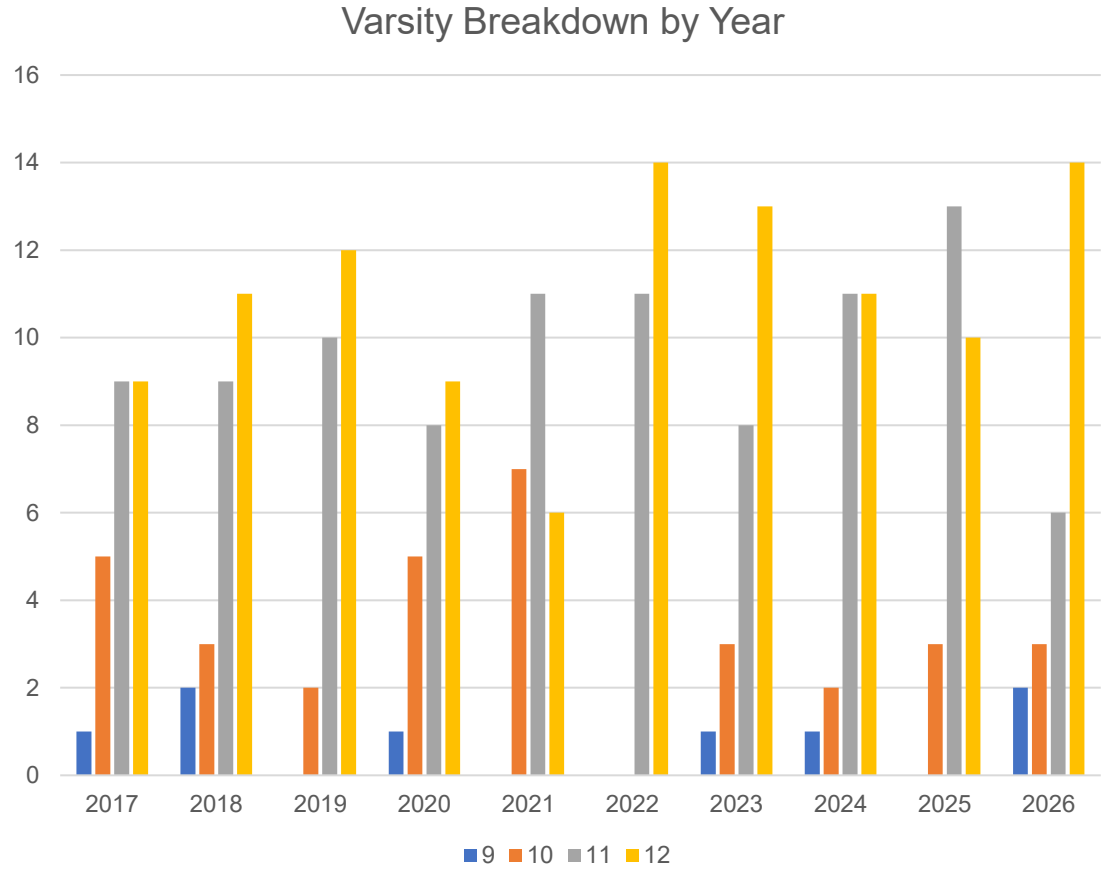
Day 3: Technical Warm-Up, 8v8/9v9 games (players will be sorted and placed), move to 11v11 (Potential Varsity selection day)

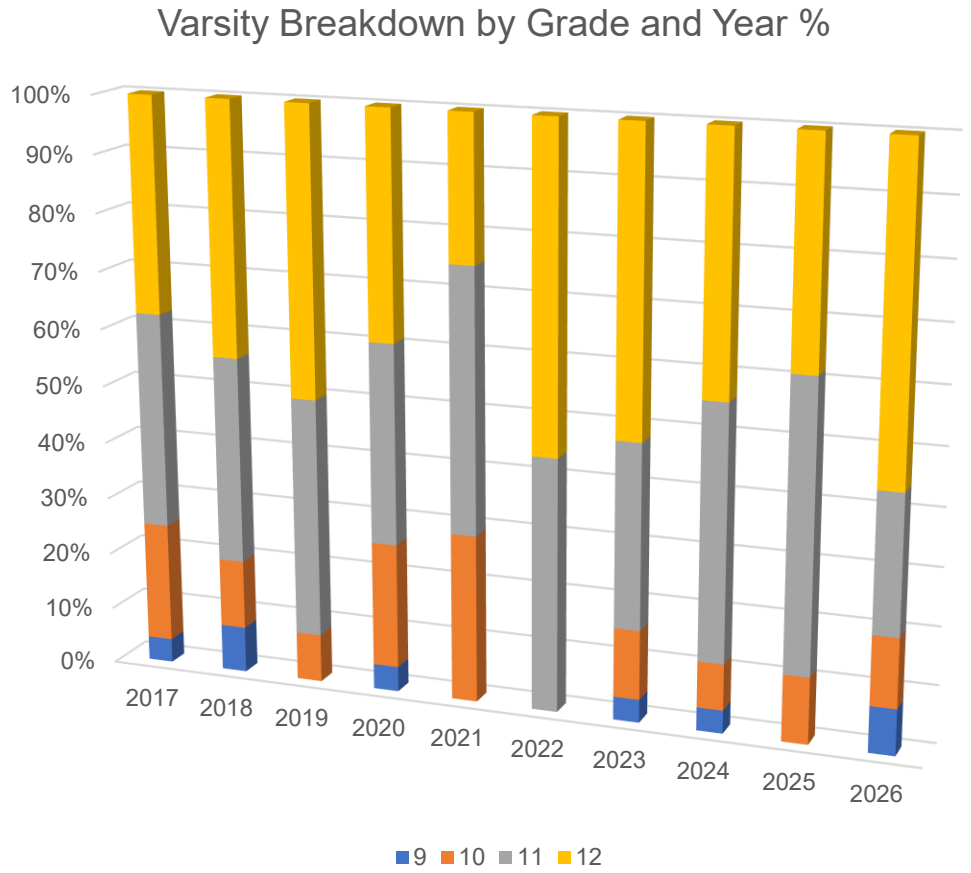
Day 4: Technical Warm-up in small sided, immediately sort players for 11v11(Target for JV Selections)

Day 5: If needed (will follow Day 4 format); this is in case of inclement weather, or an additional day is needed for JV selection process

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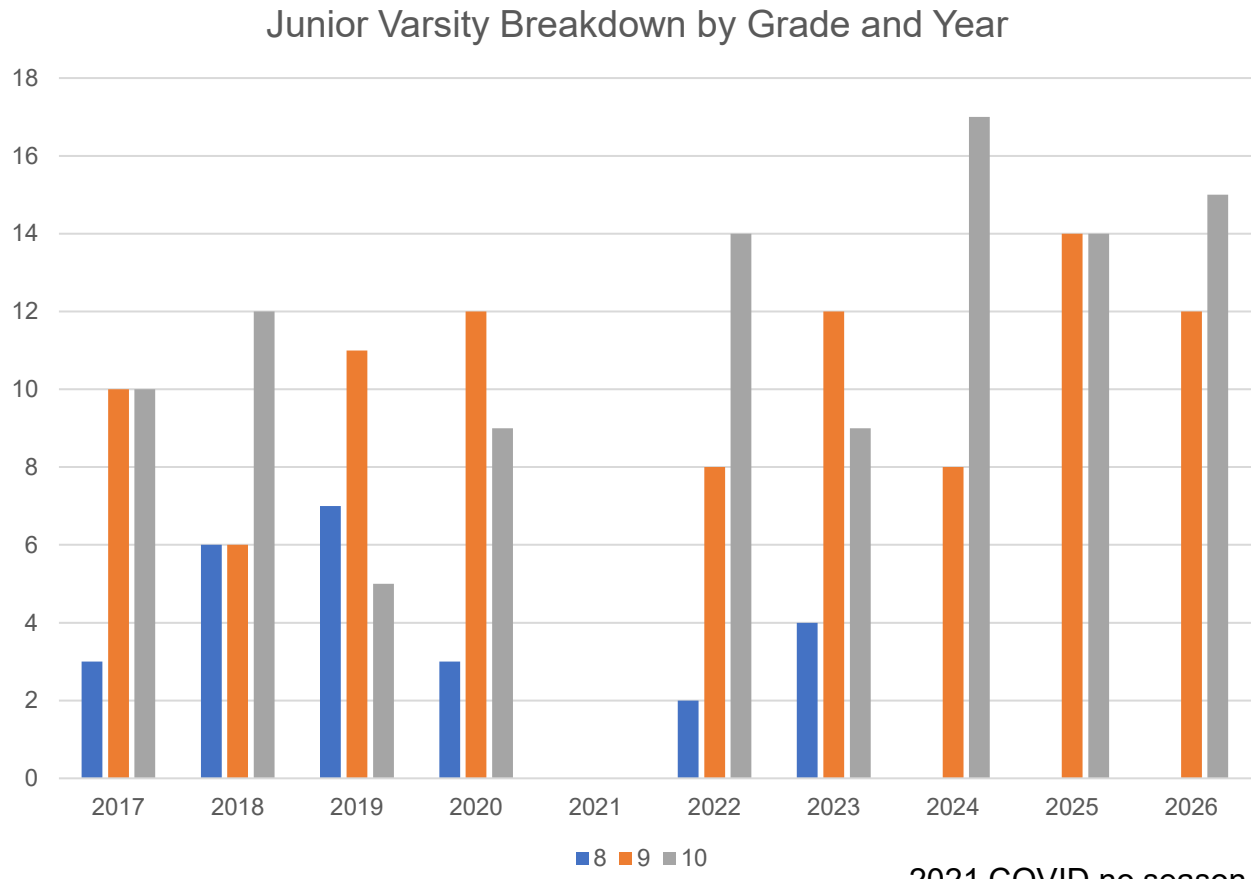
	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026
9	1	2	0	1	0	0	1	1	0	2
10	5	3	2	5	7	0	3	2	3	3
11	9	9	10	8	11	11	8	11	13	6
12	9	11	12	9	6	14	13	11	10	14

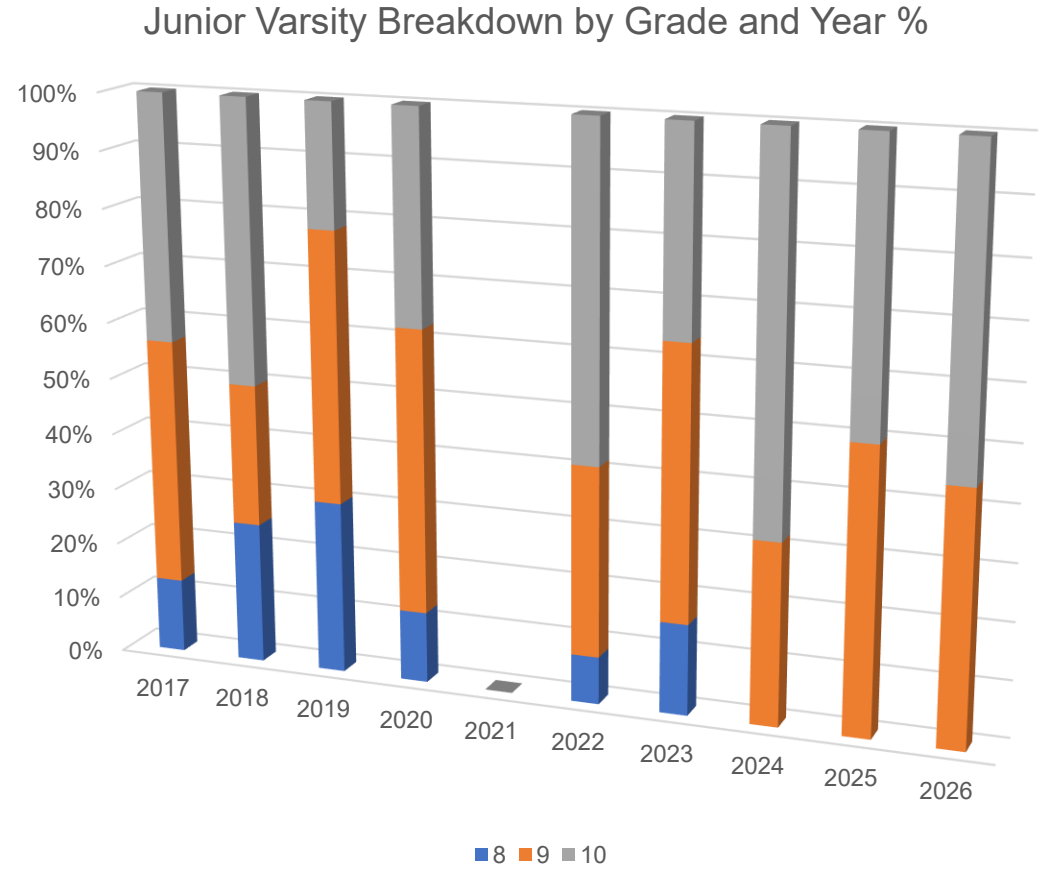




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	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026
8	3	6	7	3	NA	2	4	NA	NA	NA
9	10	6	11	12	NA	8	12	8	14	12
10	10	12	5	9	NA	14	9	17	14	15





2021 COVID no season
2024 Middle School Soccer no 8th Graders